



LAKE ARROWHEAD COMMUNITY, INC. SPRING 2021 NEWSLETTER

PRESIDENT'S REPORT

Dave Sanfason

It is somehow ironic that I write the 2021 President's piece of the LAC Spring newsletter in a late February snowstorm. Soon, however, the forsythia will be blooming, the ice will melt and Lake Arrowhead Community will begin to emerge from winter "hibernation." Like many of you, I have grown weary of Covid-19 living. I long for the time when we can resume our normal routine. That time is approaching. Many LAC members have received their Covid-19 vaccinations. Many more have had their first shot and are awaiting the second one. Maine just dropped the age from 70 to 60. Companies like Johnson and Johnson will be approved for vaccination soon and have hundreds of millions of doses ready to go.

When the State of Maine declares that we are cleared to conduct business as usual, LAC will remove the restrictions placed on clubhouses, recreational and common property. Until that time we will continue to observe rules currently in place to protect our membership from this

terrible disease. I am pleased to report that, in general, LAC has experienced very few Covid-19 positive cases and no deaths of which I am aware. We are close now. Please maintain your vigilance until we get there.

I have three news flashes: two good and one bad. First, your board of trustees has voted to keep next year's dues at last year's level. We felt that during this Covid-19 pandemic year many members have been negatively, financially impacted. We therefore decided not to inflict more pain through dues increase. Secondly, we have completed Phase 3 of our water infrastructure upgrade, the 12" pipe lake crossing along the bottom of the lake from Old Portland Road in Waterboro to Leisure Lane in Limerick, culminating at our water tank. This transmission main will cause our water pumps to work half as hard, use half as much electricity and provide twice the pristine water to our community. Now for the bad news. We have discovered another invasive plant in our lake: European Naiad. See Mike Fitzpatrick's article for full

details.

Our next big water project will be the creation of a third production well. Most municipalities with our number of subscribers have three production wells. Our engineers have found an ideal location near our current well field for this new well. Our plan is to divide the project into three one-year phases, paying as we go for each phase. Estimated cost for the project will be approximately \$300k divided into three \$100k payments. Once completed, this project will allow us to always keep two wells running whenever we do maintenance on one. We hope to have the third well in operation by 2025.

Finally, we have almost come through the storm. Lake Arrowhead Community is approaching the beginning of the end. Now is not the time to let your guard down. Soon our lake will be navigable again, our clubhouses will be fully open, BINGO will commence and life will begin to resume in a familiar manner. Until that time, be SAFE! A Chinese military philosopher named Sun Tsu said, "At the moment of victory tighten your chin strap."

I hope to see you on the lake!



RECREATION COMMITTEE

Mary Singelais

Hello LAC Members, say goodbye and good riddance to 2020, and hello to a better year ahead for 2021! This new year is full of hope, with vaccines becoming available to fight the COVID-19 virus and continued financial assistance in the form of stimulus checks. I want to wish everyone a safe, healthy, and prosperous year ahead!

We will try very hard to put together as many family friendly and socially responsible events for you as possible. We have reimagined some of our family favorites so we can continue to host our popular events for you this year.

Events and upcoming plans for LAC in 2021: Have you heard about the group of LAC members who get together at Club 1 for the "Walk the Pounds Away" exercise class? LAC members Deb Mousseau and Anne McCue Hodgkins share hosting this popular indoor class held in the Pilates room at Club 1. Classes are free for LAC Members and are held on Mon., Wed., and Fri. from 8:30am to 9:30am. You can attend any day that works for you or all three classes a week. Capacity is limited for now due to the pandemic, and extra safety measures are in place. FMI, please call Deb at 978-888-8260 or Anne at 207-590-4448. Thanks to our dedicated members, Deb and Anne, your volunteerism for the community is greatly appreciated.

Deb is also coordinating an informal mixed doubles Tennis Club at Clubhouse 1. The group is planning on meeting again this spring once the weather gets better. They meet on Mon, Weds, and Fri. between 9 and 11am. Meet some new friends and have fun playing tennis. The group also plays pickleball on the courts. Sounds like a great time at Clubhouse 1. Try it out!



Our much-anticipated Ice Cream Social is planned for Memorial Day Weekend, on Sun., May 30th between 2 and 4pm. This family friendly event is FREE to all members. Bring the whole family over to Clubhouse 2 for a delicious afternoon treat. We will hand out individually wrapped ice creams from the window on the parking lot side of Clubhouse 2. Watch for the flyer and email announcements as we get closer to the event

date. Please remember to RSVP for this event so we will have plenty of ice cream to go around. Hope you can make it!

Annual Boat Parade Gala: Mark your calendar for the Annual 4th of July Boat Parade Gala on Lake Arrowhead. This year's parade falls on a Sunday and we invite all our members and friends to participate in our special once a year boat parade around the lake. Everyone has a lot of fun decorating their boats and cruising around the lake in the parade. We all need a fun event to celebrate, don't we? FMI watch for the Boat Parade flyer to come out and for an email with all the details.



Save the Date for these 2021 LAC Events:

- ◆ Labor Day Weekend Ice Cream event planned for Sunday, Sept. 5th
- ◆ Pick up a Pumpkin event planned for Sunday, Oct. 24th
- ◆ Holiday Lights event planned for between Dec. 8th through Dec. 16th.

Event times and details will be posted as each event comes up. LAC sponsors Beth Howard to run our community events for our members and families, many thanks to Beth for her work.

We continue to improve and maintain our Clubhouses. Our Fitness Center at Clubhouse 1 includes a weight room, a cardio room, a Pilates room, and a heated indoor pool. Our newest equipment additions to the cardio room include a rowing machine and a treadmill. The rowing machine is an HCI Fitness AirTEK HIIT rower. It is a heavy-duty commercial machine that offers both air and magnetic resistance. We also added a new Cybex Model 50L treadmill. Hope you will try out the new equipment on your next visit to Club 1.

Additionally, the Board of Trustees approved an expansion project at Clubhouse 1. The 8x24 expansion was completed last summer, opening up the cardio room and providing more exercise space for our members. Thanks to Scott Davis and his crew for their time and efforts on the continuing clubhouse improvement projects.

LAC Garden Club News: The Garden Club has plans on refreshing the large barrel

containers used to spruce up our mailbox areas. They will also work on maintaining the beautiful gardens at both Clubhouses. Many thanks to members Bill Juffre, Carol Carey, Lou & Bonnie Defeo, Joanne Beaupre, Betty Burk, Anne Hopkins, Bob Krayenvenger, Sharyn Fowler, and Pat Murphy. It is a big undertaking to accomplish all the projects the garden club tackles. Why not volunteer for a week or two, or for a specific project, or join for whatever available time fits your lifestyle. If you would like to learn more about the garden club, please email Carol at pcarey7@roadrunner.com. Get involved, make new friends, and make a difference around LAC beautifying our neighborhoods. The BOT extends a big thank you to all the wonderful volunteers in the garden club. We greatly appreciate and support all your efforts around the community.

The 2021 Tom Sotir Volunteer Service Award: The BOT established this award in 2014, in memory of Tom who had been a volunteer Board Member for almost 20 years. The award is presented annually to one outstanding member who has made a positive impact on our community from their volunteer work and by supporting community wide efforts that improve the quality of life around us. I see a common thread in our past award winners. They all have a strong sense of community and lead by example. They make a lasting connection to the community through their volunteer efforts. Efforts that lead to improving the places we see and drive by and encounter on any given day around the lake. Efforts that create new friends, new experiences, and positive changes to LAC that benefit more than themselves. Take the time to volunteer on a committee or share your expertise in a subject by teaching a class and expand your own sense of community. You will be glad you did.

I am accepting nominations for this year's recipient. Do you know someone who would be a good candidate for the annual volunteer service award? Please email me at msingelais@comcast.net and let me know. I would appreciate it. This year's recipient will be announced at the Annual Meeting on Saturday, Aug. 7th.

Many thanks to Amy and Nanette in the office for all their assistance throughout the year with our events. Thanks to everyone too who has volunteered their time to host or coordinate an event, or to help with the needs of our community. The entire BOT appreciate your volunteer efforts. If you have an idea for an LAC event, please drop me an email at msingelais@comcast.net.

Wishing everyone a safe, happy, and healthy year ahead.

"PROUDLY Serving OUR Community for over 23 Years"

HI LAC Members! A lot of you know me and have seen my advertising in this newsletter over the years as well as my signs throughout the community. After two decades of working for someone else's company, I now own my own brokerage in Waterboro. Same location where I have worked nearly 18 years, just a new name with a fresh perspective.

Treeline to Shoreline Realty is a real estate brokerage that works FOR all of us at Lake Arrowhead Community (check out our website and cool Lake Arrowhead Photos at www.treelinetoshoreline.com). My company is Veteran/Woman owned, something I am extremely proud of! I live where I work, buying my first home in LAC back in 1998 and am still here. I LOVE this community and what it provides for our members and I LOVE our beautiful lake. Personally, I have sold hundreds of homes in LAC and I have bought several properties myself. Lake Arrowhead will always be my home.

When Looking for a real estate agent to represent YOUR individual needs, call me. Professional photography, drone aerals and videos, plus social media are part of my marketing strategy. Allow me the honor of walking you through the process, with a level of service that cannot be matched.



Diane Gray, BROKER/Owner

Treeline to Shoreline Realty

207-632-1943

(Text Friendly)

397 Sokokis Trail (R 5) E

Waterboro, ME 04030

www.treelinetoshoreline.com



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(207)651-7616



Adjusting to Motherhood is a huge transition, whether you're a first time Mama, or you're adding another precious bundle to the family. I believe there's a huge gap in postpartum care for women. Between sleep deprivation and taking care of a new baby, Mamas don't have time to take care of themselves. That's where I step in! I can take care of the household tasks or take care of the kiddos while Mama does what she needs to do- shower, nap, etc.



Need stumps removed? We specialize in stump removal.

Sidewalk seen better days? Call us.

Existing driveway need to be sealcoated? We can help.

Don't have a truck to get **gravel, loam & other product?** We do; and can spread them too!

Want an **UPDATED driveway?** Ask us about gravel or reclaim options.

Other questions or ideas? Reach out to us!

Offering Services:

- *Stump Grinding / Pulling*
- *Light Excavation*
- *Sealcoating*
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- *Skid Steer / Trac Work*
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- *Clean Ups / Clean Outs*
- *Winter Plowing / Sanding*



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grind your stumps & more!!!**

LAKE IMPROVEMENT COMMITTEE

Mike Fitzpatrick

The Lake Improvement Committee and LACC are gearing up to fight a second invasive aquatic plant this year, Brittle Naiad. This along with Milfoil will once again challenge our team during the upcoming harvesting season. Naiad was discovered by LAC lakefront member Debbie Broderick and reported through the Lake Stewards of Maine and once formally identified, the Maine DEP. Please visit the new LACC website just recently introduced in early March for more details and the discovery history. WWW.LACCME.ORG.



The LAC/LACC BINGO games have been discontinued this year due to the Covid pandemic we all face together. The Golf Tournament will be held again this year, but we are still waiting to hear if it will once again need to have a size restriction due to COVID. We hope to hear more from the course as they update their rules to match whatever restrictions are mandated by the State. Our 50/50 Fundraising is back on this year after a year's hiatus. Expect to be receiving announcements when tickets are ready and LAC/LACC member Tracie Doyle will be running this again this year. Fishing will be back again this year with the Prop Busters Annual Fishing Open Tournament. Shannon Doyle will once again be putting the word out as the time approaches. Our Calendar was a huge success this past year outpacing any previous Calendars. Please remember to start taking those pictures! Kellie McHugh will be letting us know some more details as she and her husband settle in with their new baby!! Maybe we will see some Baby in the Lake pictures this year!!



As we start our season in June, we plan on having two DASH Harvesters out per day five days a week and the Courtesy Boat Inspection (CBI) program at Ledgemere Dam seven days a week. Hopefully we will have all our divers back!! We also hope to have enough funding in place to run the CBI program one again at the Bay Cove ramp during the weekends.

As you all know by now, it is just as important to remove any fragments on boats leaving the lake to protect other bodies of water from being infected by an invasive. So please remember to inspect your boat, jet skis, canoes, kayaks, paddle boards and trailers before launching and when you take out. But with Naiad it is important to clean your fishing lines. These small fragments and seeds can attach to the line and easily spread. The DEP has a strong belief that this is how Naiad was introduced on Lake Arrowhead.

Enjoy the coming warm weather! See you on the lake.



2021 LACC Membership Application

LAKE ARROWHEAD CONSERVATION COUNCIL

Name: _____

LAC Address: _____

Mailing Address: _____

Lot No: ____ Waterfront: \$100 ____ Back Lot/Other: \$50 ____

Best way to contact you for LACC Update?

Email: _____ Tel: _____

Please mail check to: 206 Old Portland Rd., N. Waterboro, ME 04061

Thank you for your participation!



206 Old Portland Road, No. Waterboro, ME
Phone: 207-247-5239 Fax: 207-247-5604
E-mail: lacinc@lacinc.org - Website: lacinc.org

CLUBHOUSE HOURS

Clubhouse 1

Fitness Center
40 Fairview Terrace, Limerick
207-793-8747

Mon thru Fri

6 a.m. to 10 a.m. & 4 p.m. to 9 p.m.

Sat

6 a.m. to 2 p.m.

Sun

9 a.m. to 2 p.m.

Clubhouse 2

Billiards Room
206 Old Portland Rd, No. Waterboro
207-247-5603

Mon thru Fri

2 p.m. to 9 p.m.

Sat

9 a.m. to 9 p.m.

Sun

9 a.m. to 6 p.m.

Children must be 13 years or older to be in the Clubhouse unattended. All children must be supervised while in the pool.

No Lifeguard On Duty.

Pool Closes ½ hour before Clubhouse closes.

IMPORTANT

WE NEED YOUR CONTACT INFORMATION:

There are times when we would like to contact you, it could be about water main issues in your area or billing issues.

Have you signed up for our email newsletter, as well?

Please contact us with a phone number or an e-mail address.

TIDBITS

Don't forget to take a look at our Website for updates and other important information

Want to set up automatic payments? Contact the office.

Board Meetings are held on the 3rd Sat. of month, at 8:30 a.m.

The LAC Annual Meeting will be held on
August 7, 2021.



ELECTION AND VOTING INFORMATION Regarding Voting Procedures According to Chapter 37

Every person 18 years of age or older who is the owner of a lot of record within the territory of the corporation as shown on the tax assessment records of the Town of Limerick and Town of Waterboro is a member of the corporation and subject to its charter, bylaws, rules and regulations and a member having the right to vote at meetings of the corporation.

If a lot is owned by two or more people, only one may be considered a member for the purpose of voting and those persons may agree in a written notice filed with the Trustees which one of the owners is to be the voter at the meeting of the corporation. In the absence of such an agreement, the clerk shall decide which person may vote. Regardless of the number of lots owned by a member, no member has more than one vote.